



1230 TWC News

Before the weekend!

Watch out for the next issue of 1230 Insight—some exciting news about 1230 memberships....

In the meantime, since the last 1230 Insight, where have we been and who have we met?

At the beginning of the month we were delighted to meet up with our friend and long-time 1230 TWC member Margaret Duggan of DeMontfort Healthy Living for some lunch-time treats at Crown Plaza. It was also a birthday celebration for Penny and Clare (whose birthdays are in the same week) but unfortunately, Clare had a mid-wife check and so missed our rendition of "Happy Birthday"! Guess that could have been a lucky miss!

The following day was a training day for the first 1230 TWC Franchisees Karen Wilkinson and Mandy Shepherd who are steaming ahead with their 1230 TWC groups in King's Hill, Tunbridge Wells and **1230 TWC Maidstone on 20 May**

Next we were to be seen bopping away with Simply Red at the O₂ as guests of Melanie Reed, NatWest Victoria. In a car park containing 2,200 cars only *the* most connected people could unwittingly bump into 4 of our friends in 2 separate cars parking within a few feet of ours! Met delightful Michael and Roz of Red Soho.

We've "seen" Amalia Brightley-Hodges of Still Waters Run Deep and 1230 TWC Mayfair Manager train and return from her fund-raising trek at the Great Wall of China raising a fantastic £5,000 and well on the way to reaching target of £7,000 for Great Ormond Street Hospital. And Briony Horkan of Briony Photographic is keeping us up-to-date with her Blogs, on her training for the Moon Walk in aid of Breast Cancer.

Do you have a favourite charity that you're fund-raising for?

Congratulations to you both.

Do you have a favourite charity that you're fund-raising for like Briony and Amalia? Let us know how your preparation for the event is going. Make sure it's in the Events Calendar - everyone will want to see your progress with your Blogs.

We attended 1230 TWC Wimbledon's 1st Birthday. With an inspiring mix of business

women we listened to Callie Carling about making the most of Twitter for business.

1230 TWC Wimbledon Manager Teresa Leong had made a fabulous birthday cake and arranged a Womble theme with Callie!

Friday 24 April saw us at the new Epsom Conference Centre as guests of Munday's Solicitors, at a fabulous Princess Alice Hospice fund-raising event. Yes, we enjoyed ourselves again and met some really interesting people. Some weekend working saw us at WiM where we listened to some awesome speakers including Liz Jackson, Pauline Crawford, Amanda Annandale, Linda Griffiths and Cali Bird.

Finishing out the month, on Tuesday we attended an Encouraging Women into Franchising meeting, hosted by Munday's. A developing group, the aims of which are to support, mentor and share experiences with women at various stages of considering, entering and progressing the franchise market - Penny and I are Ambassadors for EWIF as well as SEEDA.



And now it's the Bank Holiday.... what will you be doing? Whatever it is, we hope you take some time for YOU! and of course book for your next 1230 TWC meeting and this year's fund-raising event for Ovacom - 1230 TWC Magical Moments with Frank Usher Fashions.... details and booking [here](#) See you soon....

Jackie *Penny*

A number of generous sponsorship packages are available for you subject to your budget and requirements. Contact admin@1230.co.uk to find out more



Courtesy of S.E.A. Photography

Co-founders
Jackie Groundsell and Penny Denby

Recruiting NOW!

1230 TWC Franchise opportunities in Medway, Kent and Canterbury areas. Opportunity to earn £20,000+ pa. Full training and support programme available for best candidates.

Contact: 020 8650 8015 and speak to Jackie

Here Come The Girls More Women In Business Than Before

20 May—1230 TWC Maidstone inaugural meeting. Making the 3rd jewel in the crown for 1230 Franchisees Karen Wilkinson and Mandy Shepherd. Booking through the web site www.1230.co.uk and karen.wilkinson1@btconnect.com

Soggy Mobile

Sound familiar? Juggling, shopping, wallet, briefcase, baby, handbag while in the loo, attempting to take a mobile call at the same time... Before consigning soggy mobile to the scrapheap, take out the battery to prevent any short-circuiting and dry it with a cloth. Then bury the phone in a bowl of uncooked rice for 24 hours. The rice draws water out of the phone and chances are you'll be back in touch in no time.

Let us know if you try it!

Next year's 1230 AOB? — Tuesday 16 March Guest Speaker—Jan Cavelle, The Jan Cavelle Furniture Company—full programme soon <http://www.jancavelle.com/>